

PERSONAL DEVELOPMENT	
Clear Mind, Bright Future: 7 modules	Conquer you Anxiety
Developing Brand You	Job Search for Success: 6 modules
Mental Health Series	Mind Your Mood
Negotiating for Success: 5 modules	Time Management – Strategies for Success
Workplace and Personal Skills Certificate	Effective Communication
Dealing with Conflict	Presentation Basics
Improve your Productivity	Self-Esteem
Parenting Skills	Dealing with Grief
Accepting Change in the Workplace	Customer Service is all About People
Working Well with Others	Becoming a Creative Asset
Understanding Stress	Managing Stress
Relax	Special Issues in Stress